

## Patrizio Paoletti Foundation for World Logic Day 2021

### Logic in times of uncertainty: focus on the Sphere Model of Consciousness

A dialogue between: Patrizio Paoletti<sup>1</sup> and Rotem Leshem<sup>2</sup> - Chairwoman: Tal Dotan Ben-Soussan<sup>1</sup>

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For the third edition of WLG and third edition of LogicaMente, we decided to combine a theoretical discussion on the neuroscientific and philosophical implications of uncertainty with practical instruments for coping with it. Thus, in the current interdisciplinary international dialogue, we aimed to bring the most advanced knowledge for both the academic and non-academic public and to make it as relevant as possible for the current times in which Covid-19 pandemic has left us and the new year with great uncertainties. Which types of logic does uncertainty require? Which logic of thought could be applied in daily life in order not to be overwhelmed by the present difficulties, but rather to use them to grow in self-awareness and to foresee a better future? The research of consciousness can help us to answer these questions. In this context, the Sphere Model of Consciousness (Paoletti, 2002) is an effective means to better understand neurocognitive, affective and perceptual processes and, at the same time, to provide practical tools for everyday life. Through the logic of balance, the Sphere Model of Consciousness, recently defined as the most advanced and elegant model for describing the phenomena of consciousness, provide us with a daily training tool to position and orient ourselves. In this meeting, Paoletti, together with Rotem Leshem, discuss: (1) the theoretical and practical implications of the model in relations to logical process, subjectivity and objectivity in consciousness; (2) the value of meditative practices, embodied and abstract experience for overcoming the conditioning resulting from past memories and from anxiety of the future; and consequently (3) how we logically could process an expanded experience of time as a continuous present. The OMM method is mentioned, as well as neuroplasticity and the possible evolutionary leap of the human species, in which we can act and be witnesses of change.



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